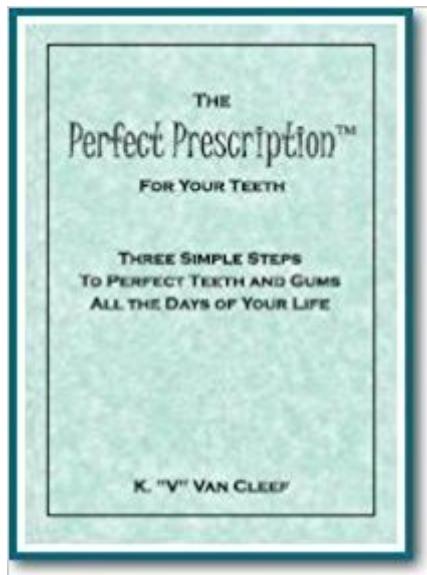


The book was found

The Perfect Prescription For Your Teeth



Synopsis

In this book: **What personal product you're using daily that is ruining your teeth and gums as well as a natural replacement that'll rebuild your damaged enamel and soft tissue.** (Page 57) **The one liquid that prevents cavities and how you can use it to achieve perfect dental checkups everytime.** (Page 26) **The only thing that cleans teeth and gums effectively.** Your spouse or companion will find your mouth and lips kissable again. (Page 19) **Why your teeth are sensitive and how a simple technique can solve that problem so you can enjoy ice cream and cold drinks again without pain.** (Page 33) **How to get rid of gum pockets by avoiding this one thing.** Just think, no more threats from the dentist about expensive and painful surgery for receding gums. (Page 14) **Why bad teeth are NOT genetic and how you can help your children remain free of cavities for life.** (Page 12) **Bothered by gum problems, cavities, and osteoporosis?** **The surprising foods that really help your teeth and gums, foods that taste good, too.** (Page 50) **The one ingredient NO ONE is talking about that prevents osteoporosis.** (Page 42) **How dental visits may cause cavities.** Learn the questions to ask your dentist before accepting traditional procedures. (Page 20) **What alternative health professionals have no idea about.** (Page 43) **Whether or not you really need a multivitamin daily.** (Page 46) **How the deficiencies of a strict vegan diet can lead to serious tooth and gum problems and what you must do to regain health in your mouth.** (Page 48) "The Perfect Prescription For Your Teeth" also reveals easy, inexpensive steps to... **Saving LOTS of \$\$\$ money on toothpaste, mouthwash and other dental hygiene products.** **Developing strong, decay resistant teeth and perfect gums for life.** **Taking supplements properly so your body will absorb the nutrients.** **Building antibody structures that kill viruses and bacteria.** **Getting rid of bad breath for good and more.**

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Customer Reviews

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This book came, the size is 4" x 5.5"x1/4". Of course, we don't judge the content by the size of the book. There are only three main ideas: don't brush teeth with commercial toothpaste (but tooth soap, which I don't intend to buy), take supplements with multi-vitamins and minerals, & eat well (organic food) to feed your teeth, I read Weston Price's book probably would benefit you more.

It's helpful with practical tips, and a lot of surprise for me to realize many misleading in dentistry.

Now I have started to follow those steps to help protect my teeth.

Wish I'd had this one when I still had kids! But now I'm finding a new way via this book for maintaining what I do have. This little book is packed with information that I found so helpful in addition to the main points. It is so helpful to not feel so helpless in relation to dental advice from my dentist. I highly recommend this little gem, and the product the author has come up with to implement the prescription.S. Kangas

I tried the advice in the book and found my teeth have felt better and healthier almost right away. The only place I differ with is that I am a vegan and she advocates the use of dairy products (in a raw milk form which is better than the usual homogenized). I suspect that many people will agree with her.

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